

4th Annual Greensprings 24 Hour Volunteer Requirements and Roster

IF able to assist, please contact me at coachd@adventureupcoaching.com or darrindenny@gmail.com. Phone is 757-585-1061.

As you may already know, we are again doing the Greensprings-24 race this year for our fourth year in a row!! The fourth annual running will take place on Saturday October 24th. The location for this event is the Green Springs Trail complex right next to Jamestown High School in Williamsburg. This race is a loop course, and each loop is ~ 2.215 miles so 15 loops = 50k, 13 loops will = a marathon or do 6 loops for a half marathon. Essentially the point of this race is to run as many of the 2.1-mile loops as possible within a 24-hour period!

Race will go from 0800 Saturday the 24th until 0800 the 25th. This race will benefit The Arc of Greater Williamsburg. The Arc of Greater Williamsburg mission is to improve the quality of life for people with intellectual and developmental disabilities through community activities and advocacy. A great cause and glad so many people have decided to participate. We currently have 90+ folks signed up for the event, so it promises to be a great day. You are all included in this request because of your habitual support and hard work for local races! I am also sending this to all runners who may have family and friends who can help. We will need your assistance to make this happen. Last year was a great success largely because of the great volunteers! Lastly, if any of you are connected to or know of potential sponsor options would love to hear about it...anything we do to offset cost will go to Arc.

Please forward to anyone you can think of who would be willing to assist. We appreciate you. Darrin

Currently our volunteer requirement includes the following positions:

Friday 23 October - Packet Pick Up (4 PM to 7 PM) **FILLED:** Jamestown High School – **Rice, Meneley, Titcomb, Brewer**

Saturday 24 October - Start/Finish Set-up (0530 AM to 0730 AM): Jamestown High School – Vance, **NEED 1-2 more**

Saturday 24 October - Packet Pick Up (630 AM to 730 AM): Jamestown High School – **2 People**

Saturday 24 October - Start/Finish Support/Aid/Food preparation (8 AM to 12 PM): Jamestown High School – **Klinger, need one more**

Saturday 24 October - Start/Finish Support/Aid/Food preparation (12 PM to 4 PM): Jamestown High School – **Titcomb, Leininger (MT)**

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Saturday 24 October - Start/Finish Support/Aid/Food preparation (4 PM to 8 PM):
Jamestown High School – **2 People**

Saturday 24 October - Start/Finish Support/Aid/Food preparation (8 PM to 12 AM):
Jamestown High School – **2 People**

Sunday 25 October - Start/Finish Support/Aid/Food preparation (12 AM to 4 AM):
Jamestown High School – **Anthony/Kalantarians/Wingard (11 PM to 12 AM), Titcomb (1AM to 2 AM)**

Sunday 25 October - Start/Finish Support/Aid/Food preparation (4 AM to 8 AM):
Jamestown High School – **Barnes (4 AM to 5 AM), Hong (6 AM to 7 AM), Blackman (7 AM to 8 AM)**

Sunday 25 October - Finish Line Clean Up (8 AM to 0930 AM): Jamestown High School –
Rice, Brewer, McHugh

Thanks again for the great support in the past and in the future. Again, contact me at coachd@gmail.com, darrindenny@gmail.com, or at 757-585-1061 if you can help.